



LIVE-IN RETREAT

Retreat Room Description

A light filled studio (5.1 X 3.5 metres) with Queen bed, armchairs, desk/table and cooking facilities, is ready for your stay. Decorated in soothing blues, this is a calm retreat room in a quiet street. In addition, your own separate entrance means complete privacy.

One low step (135 mm, ramp available) at the front door leads into a wide passage. Two doors to the right lead to your bed/sit and private bathroom, all on one level.

The retreat room is at the front of our house, on the ground floor of a two-story home. We live at the rear and upstairs. To ensure mutual privacy there is a locked door between our living space and your personal retreat space.



The bed is already made up with cotton sheets and a doona. Four pillows, each of different "weight" gives you choice and comfort. In addition, there are extra pillows and blankets.

The wardrobe houses the iron and ironing board. A variety of coat hanger styles hang on the rail.

Be comfortable all year round. In winter hydronic heating keeps you toasty while in summer there is an air conditioner to cool you down.



The spiritual direction conversation occurs upstairs in a dedicated room to maintain your privacy in the retreat room. (If stairs are difficult, spiritual direction can take place in my lounge room or outside.)

Bathroom



No shared bathroom like a larger retreat centre. The Sustaining Spirit Space retreat room offers your own personal bathroom with hydronic heating. Amenities include: towel, bathmat, face washer, hand towel, body wash, shampoo & conditioner, first aid kit, hairdryer, hotel style clothesline.

Courtyard & Parking

A high fence gives you complete screening from the street. You have exclusive use of the private courtyard garden. Wrought iron table and chairs offer a place to relax with a book or a cuppa.

Free parking is available on the residential street with no time restrictions.

Safety Features

In the unlikely event of a fire there is a fire blanket in the cooking area, a smoke alarm outside the bedroom door and a fire extinguisher near the front door. Also, there is a carbon dioxide detector in the bedroom. The first aid kit is in the bathroom.

Further Questions?

Look out for other PDF information sheets about the Sustaining Spirit Space retreat room. Contact me for further questions, so you can discern if this is the place for your next retreat.

Conclusion

A light filled studio (5.1 X 3.5 metres) with Queen bed, armchairs, desk/table and cooking facilities, is ready for your stay. Decorated in soothing blues, this is a calm retreat room in a quiet street. Complete privacy is ensured with your own personal bathroom, courtyard, and entrance. Keeping your comfort in mind, an extensive range of equipment and amenities is provided to support your retreat.